

ON SOME INTEGRALS  
INVOLVING THE MEAN SQUARE FORMULA  
FOR THE RIEMANN ZETA-FUNCTION

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**Abstract.** Let  $E(T)$  denote the error term in the mean square formula for the Riemann zeta-function  $\zeta(s)$ . Several mean value results involving  $E(T)$  and  $\zeta(1/2 + iT)$  are obtained which elucidate the behaviour of these functions.

1. Introduction

For  $T \geq 0$  let

$$E(T) = \int_0^T \left| \zeta\left(\frac{1}{2} + it\right) \right|^2 dt - T \left( \log \frac{T}{2\pi} + 2\gamma - 1 \right)$$

as usual denote the error term in the mean-square formula for the Riemann zeta-function  $\zeta(s)$  on the critical line  $\operatorname{Re} s = 1/2$  ( $\gamma$  is Euler's constant). Atkinson [1] discovered an explicit formula for  $E(T)$  (see also Ch. 15 of [7]), which led to much subsequent research. Thus Heath-Brown [5] used Atkinson's formula to show that

$$(1.1) \quad \int_2^T E^2(t) dt = CT^{3/2} + R(T) \quad \left( C = \frac{2\zeta^4(3/2)}{3\sqrt{2\pi}\zeta(3)} \right)$$

with  $R(T) \ll T^{5/4} \log^2 T$ . Recently Meurman [9] and Motohashi [10] independently improved Heath-Brown's result to

$$(1.2) \quad R(T) \ll T \log^5 T.$$

It is known that  $E(T) \ll T^{\alpha+\varepsilon}$  for an exponent  $\alpha < 1/3$  (Ch. 15 of [7] and any  $\varepsilon > 0$ ). The best result hitherto seems to be  $\alpha \leq 139/429 = 0.3240093\dots$ , proved in [3] by applying two-dimensional exponential sum techniques of G. Kolesnik [8]. On the other hand, (1.1) gives at once  $E(T) = \Omega(T^{1/4})$  (proved by another method by

Good [2]), but much sharper results are obtained by Hafner-Ivić [3], [4]. Therein it is shown that

$$(1.3) \quad E(T) = \Omega_+ \{ (T \log T)^{1/4} (\log \log T)^{(3+\log 4)/4} \exp(-B \sqrt{\log \log \log T}) \} \quad (B > 0)$$

and

$$(1.4) \quad E(T) = \Omega_- \left\{ T^{1/4} \exp \left( \frac{D (\log \log T)^{1/4}}{(\log \log \log T)^{3/4}} \right) \right\} \quad (D > 0),$$

and it may be reasonably conjectured that these bounds are close to the true maximal order of  $|E(T)|$ . In order to establish (1.3)–(1.4) Hafner-Ivić proved the asymptotic formula

$$(1.5) \quad \int_2^T E(t) dt = \pi T + G(T),$$

where

$$(1.6) \quad \begin{aligned} G(T) &= 2^{-3/2} \sum_{n \leq N} (-1)^n d(n) n^{-1/2} \\ &\times \left( \operatorname{ar sinh} \sqrt{\frac{\pi n}{2T}} \right)^{-2} \left( \frac{T}{2\pi n} + \frac{1}{4} \right)^{-1/4} \sin(f(T, n)) \\ &- 2 \sum_{n \leq N'} d(n) n^{-1/2} \left( \log \frac{T}{2\pi n} \right)^{-2} \sin \left( T \log \left( \frac{T}{2\pi n} \right) - T + \frac{\pi}{4} \right) + O(T^{1/4}) \end{aligned}$$

with  $d(n)$  the number of divisors of  $n$ ,

$$f(T, n) = 2T \operatorname{ar sinh} \sqrt{\frac{\pi n}{2T}} + (2\pi n T + \pi^2 n^2)^{1/2} - \frac{\pi}{4},$$

$$\operatorname{ar sinh} x = \log(x + \sqrt{x^2 - 1}), \quad N' = N'(T, N) = \frac{T}{2\pi} + \frac{N}{2} - \left( \frac{N^2}{4} + \frac{NT}{2\pi} \right)^{1/2},$$

and  $AT < N < A'T$  for any two fixed constants  $0 < A < A'$ . Actually this formula is the analogue of Atkinson's formula for  $E(T)$  for the function  $\int_2^T \dot{E}(t) dt$ , but in deriving (1.3) and (1.4) the full force of (1.6) was not needed. Instead, it was sufficient to use

$$(1.7) \quad G(T) = 2^{1/4} \pi^{-3/4} T^{3/4} \sum_{n=1}^{\infty} (-1)^n d(n) n^{-5/4} \sin \left( \sqrt{8\pi n T} - \frac{\pi}{4} \right) + O(T^{2/3} \log T),$$

which follows on simplifying (1.6) by Taylor's formula. Since the series in (1.7) is absolutely convergent, it follows that  $G(T) = O(T^{3/4})$ . On the other hand, it was shown in [3] that  $G(T) = \Omega_{\pm}(T^{3/4})$ , so that the order of  $G(T)$  is precisely determined. In addition, in [3] we proved the mean-square formula

$$(1.8) \quad \int_2^T G^2(t) dt = ET^{5/2} + O(T^{2+\varepsilon}) \quad \left( E = \frac{\zeta^4(5/2)}{5\pi\sqrt{2\pi}\zeta(5)} \right).$$

## 2. The basic method

The purpose of this paper is to evaluate certain integrals of the type

$$(2.1) \quad I = I(T, H) = \int_T^{T+H} f(E(t)) \left| \zeta \left( \frac{1}{2} + it \right) \right|^2 dt,$$

where  $T \geq T_0$ ,  $0 \leq H \leq T$ , and  $f(t)$  is a given function which is continuous in  $[T, T+H]$ . The method for evaluating the integral  $I$  in (2.1) is very simple. Namely, if  $F' = f$ , then from the definition of  $E(T)$  it follows that

$$(2.2) \quad \begin{aligned} I &= \int_T^{T+H} f(E(t)) \left( E'(t) + \log \frac{t}{2\pi} + 2\gamma \right) dt \\ &= F(E(T+H)) - F(E(T)) + \int_T^{T+H} f(E(t)) \left( \log \frac{t}{2\pi} + 2\gamma \right) dt. \end{aligned}$$

Therefore the problem is reduced to a simpler one, namely to the evaluation of the integral where  $|\zeta|^2$  is replaced by  $\log(t/2\pi) + 2\gamma$ . If  $T$  and  $T+H$  are points at which  $E(T) = E(T+H)$ , then (2.2) simplifies even further. As the first application we prove

THEOREM 1.

$$(2.3) \quad \int_0^T E^2(t) \left| \zeta \left( \frac{1}{2} + it \right) \right|^2 dt = C \left( \log \frac{T}{2\pi} + 2\gamma - \frac{2}{3} \right) T^{3/2} + O(T \log^6 T)$$

with  $C$  as in (1.1),

$$(2.4) \quad \int_0^T E^4(t) \left| \zeta \left( \frac{1}{2} + it \right) \right|^2 dt \ll T^{2+\varepsilon},$$

$$(2.5) \quad \int_0^T E^6(t) \left| \zeta \left( \frac{1}{2} + it \right) \right|^2 dt \ll T^{5/2+\varepsilon},$$

$$(2.6) \quad \int_0^T E^8(t) \left| \zeta \left( \frac{1}{2} + it \right) \right|^2 dt \ll T^{3+\varepsilon}.$$

To prove (2.3) we apply (2.2) with  $H = T$ ,  $f(t) = t^2$ ,  $F(t) = t^3/3$ . Using the weak  $E(t) \ll t^{1/3}$  and (1.1)–(1.2) it follows that

$$\begin{aligned} \int_T^{2T} E^2(t) \left| \zeta \left( \frac{1}{2} + it \right) \right|^2 dt &= O(T) + \int_T^{2T} E^2(t) \left( \log \frac{t}{2\pi} + 2\gamma \right) dt \\ &= \left( \int_0^t E^2(u) du \right) \left( \log \frac{t}{2\pi} + 2\gamma \right) \Big|_T^{2T} - \int_T^{2T} \left( \int_0^t E^2(u) du \right) \frac{dt}{t} + O(T) \\ &= C t^{3/2} \left( \log \frac{t}{2\pi} + 2\gamma - \frac{2}{3} \right) \Big|_T^{2T} + O(T \log^6 T). \end{aligned}$$

Replacing  $T$  by  $T \cdot 2^{-j}$  and summing over  $j = 1, 2, \dots$  we obtain (2.3). The remaining estimates (2.4)–(2.6) are obtained analogously using

$$(2.7) \quad \int_0^T |E(t)|^A dt \ll T^{1+A/4+\varepsilon} \quad (0 \leq A \leq 35/4),$$

a proof of which is given in [6] and Ch. 15 of [7]. The upper bounds in (2.4)–(2.6) are close to best possible, since

$$(2.8) \quad \int_0^T |E(t)|^A \left| \zeta \left( \frac{1}{2} + it \right) \right|^2 dt \gg \begin{cases} T^{1+A/4+\varepsilon} & (0 \leq A < 2), \\ T^{1+A/4} (\log T) & (A \geq 2), \end{cases}$$

for any fixed  $A \geq 0$  and any given  $\varepsilon > 0$ . For  $A > 2$  this follows easily from (2.3) and Hölder's inequality for integrals. For  $0 \leq A \leq 2$  we use again (2.3) and Hölder's inequality to obtain

$$\begin{aligned} T^{3/2} \log T &\ll \int_0^T E^{A/2}(t) \left| \zeta \left( \frac{1}{2} + it \right) \right| E^{2-A/2}(t) \left| \zeta \left( \frac{1}{2} + it \right) \right| dt \\ &\leq \left( \int_0^T |E(t)|^A |\zeta(1/2 + it)|^2 dt \right)^{1/2} \\ &\quad \times \left( \int_0^T |E(t)|^{8-2A} dt \right)^{1/4} \left( \int_0^T |\zeta(1/2 + it)|^4 dt \right)^{1/4}. \end{aligned}$$

Using (2.7) (with  $A$  replaced by  $8 - 2A$ ) and the classical bound  $\int_0^T |\zeta(\frac{1}{2} + it)|^4 dt \ll T^{1+\varepsilon}$  we obtain the first part of (2.8).

### 3. The integral involving $E(t)$

Perhaps the most interesting application of our method is the evaluation of the integral

$$(3.1) \quad \int_0^T E(t) \left| \zeta \left( \frac{1}{2} + it \right) \right|^2 dt.$$

The function  $E(t)$  has the mean value  $\pi$  by (1.5) while  $|\zeta(1/2 + it)|^2$  has the average value  $\log t$ . Therefore the integral in (3.1) represents in some way the way that the oscillations of these very important functions superimpose. We shall prove the following

**THEOREM 2.** *Let  $U(T)$  be defined by*

$$(3.2) \quad \int_0^T E(t) \left| \zeta \left( \frac{1}{2} + it \right) \right|^2 dt = \pi T \left( \log \frac{T}{2\pi} + 2\gamma - 1 \right) + U(T),$$

*and let  $V(T)$  be defined by*

$$(3.3) \quad \int_0^T U(t) dt = \frac{\zeta^4(3/2)}{3\sqrt{2\pi}\zeta(3)} T^{3/2} + V(T).$$

Then

$$(3.4) \quad U(T) = O(T^{3/4} \log T), \quad U(T) = \Omega_{\pm}(T^{3/4} \log T),$$

$$(3.5) \quad V(T) = O(T^{5/4} \log T),$$

and

$$(3.6) \quad \int_2^T U^2(t) dt = T^{5/2} P_2(\log T) + O(T^{9/4+\varepsilon}),$$

where  $P_2(x)$  is a suitable quadratic function in  $x$ .

We begin the proof by noting that (2.2) gives

$$\int_2^T E(t) \left| \zeta \left( \frac{1}{2} + it \right) \right|^2 dt = \frac{1}{2} E^2(T) + \int_2^T E(t) \left( \log \frac{t}{2\pi} + 2\gamma \right) dt + O(1).$$

Using (1.5) the integral on the right-hand side of this equality becomes

$$\begin{aligned} & \int_2^T \pi \left( \log \frac{t}{2\pi} + 2\gamma \right) dt + \int_2^T \left( \log \frac{t}{2\pi} + 2\gamma \right) dG(t) \\ &= \pi T \left( \log \frac{T}{2\pi} + 2\gamma \right) - \pi \int_2^T dt + O(1) + G(T) \left( \log \frac{T}{2\pi} + 2\gamma \right) - \int_2^T G(t) \frac{dt}{t}, \end{aligned}$$

hence

$$U(T) = \frac{1}{2} E^2(T) + G(T) \left( \log \frac{T}{2\pi} + 2\gamma \right) - \int_2^T G(t) \frac{dt}{t} + O(1).$$

Using (1.6) and simple estimates for exponential integrals (Lemma (2.1) of [7]) it follows that

$$(3.7) \quad \int_2^T G(t) \frac{dt}{t} = O(T^{1/4}).$$

This gives at once

$$(3.8) \quad U(T) = \frac{1}{2} E^2(T) + G(T) \left( \log \frac{T}{2\pi} + 2\gamma \right) + O(T^{1/4}).$$

Since  $E(T) \ll T^{1/3}$ , then using (1.7) and  $G(T) = \Omega_{\pm}(T^{3/4})$  we obtain (3.4). Therefore the order of magnitude of  $U(T)$  is precisely determined, and we pass on to the proof of (3.5) and (3.6). From (3.8) we have

$$\begin{aligned} \int_{T/2}^T U^2(t) dt &= \int_{T/2}^T G^2(t) \left( \log \frac{t}{2\pi} + 2\gamma \right)^2 dt + O \left( \int_{T/2}^T (E^4(t) + T^{1/2}) dt \right) \\ &\quad + O \left( \int_{T/2}^T |G(t)| (E^2(t) + T^{1/4}) \log T dt \right). \end{aligned}$$

Using (2.7) with  $A = 4$  it is seen that the contribution of the first  $O$ -term above is  $\ll T^{2+\varepsilon}$ . To estimate the second  $O$ -term we use (1.8) and the Cauchy-Schwarz inequality. We obtain a contribution which is

$$\ll \log T \left( \int_{T/2}^T G^2(t) dt \left( \int_{T/2}^T E^4(t) dt + T^{3/2} \right) \right)^{1/2} \ll T^{9/4+\varepsilon}.$$

Integration by parts and (1.8) yield

$$\begin{aligned} \int_{T/2}^T G^2(t) \left( \log \frac{t}{2\pi} + 2\gamma \right)^2 dt &= (Et^{5/2} + O(t^{2+\varepsilon})) \left( \log \frac{t}{2\pi} + 2\gamma \right)^2 \Big|_{T/2}^T \\ -2 \int_{T/2}^T (Et^{3/2} + O(t^{1+\varepsilon})) \left( \log \frac{t}{2\pi} + 2\gamma \right) dt &= t^{5/2} P_2(\log t) \Big|_{T/2}^T + O(T^{2+\varepsilon}), \end{aligned}$$

where  $P_2(x) = a_0 x^2 + a_1 x + a_2$  with  $a_0, a_1, a_2$  effectively computable. This means that we have shown that

$$\int_{T/2}^T U^2(t) dt = t^{5/2} P_2(\log t) \Big|_{T/2}^T + O(T^{9/4+\varepsilon}),$$

so that replacing  $T$  by  $T2^{-j}$  and summing over  $j = 0, 1, 2, \dots$  we obtain (3.6). Probably the error term in (3.6) could be improved to  $O(T^{2+\varepsilon})$  (in analogy with (1.8)), but this appears to be difficult.

It remains to establish (3.3) with the  $O$ -result (3.5). Integrating (3.8) with the aid of (1.1)–(1.2) we have

$$(3.9) \quad \int_{T/2}^T U(t) dt = \frac{1}{2} C (T^{3/2} - (T/2)^{3/2}) + O(T^{5/4}) + \int_{T/2}^T G(t) \left( \log \frac{t}{2\pi} + 2\gamma \right) dt.$$

Using (1.6) (with  $N = T$ ) it is seen that the contribution of the sum  $\sum_{n \leq N'}$  to the last integrals is  $O(T)$ , while the contribution of the error term  $O(T^{1/4})$  is trivially  $O(T^{5/4} \log T)$ . The contribution of the sum  $\sum_{n \leq N}$  is, after simplification by Taylor's formula,

$$\begin{aligned} & \int_{T/2}^T 2^{-1/4} \pi^{-3/4} t^{3/4} \sum_{n=1}^{\infty} (-1)^n d(n) n^{-5/4} \sin \left( \sqrt{8\pi n t} - \frac{\pi}{4} \right) \left( \log \frac{t}{2\pi} + 2\gamma \right) dt \\ & \quad + O(T^{5/4}) = 2^{-3/4} \pi^{-5/4} \sum_{n=1}^{\infty} (-1)^{n-1} d(n) n^{-7/4} \\ & \quad \times \int_{T/2}^T t^{5/4} \left( \log \frac{t}{2\pi} + 2\gamma \right) \frac{d}{dt} \left\{ \cos \left( \sqrt{8\pi n t} - \frac{\pi}{4} \right) \right\} + O(T^{5/4}) \\ & = 2^{-3/4} \pi^{-5/4} \sum_{n=1}^{\infty} (-1)^{n-1} d(n) n^{-7/4} \left\{ t^{5/4} \left( \log \frac{t}{2\pi} + 2\gamma \right) \cos \left( \sqrt{8\pi n t} - \frac{\pi}{4} \right) \right\} \Big|_{T/2}^T \\ & \quad - 2^{-3/4} \pi^{-5/4} \sum_{n=1}^{\infty} (-1)^{n-1} d(n) n^{-7/4} \end{aligned}$$

$$\begin{aligned}
& \times \int_{T/2}^T \left( \frac{5}{4} t^{1/4} \left( \log \frac{t}{2\pi} + 2\gamma \right) + t^{1/4} \right) \cos \left( \sqrt{8\pi nt} - \frac{\pi}{4} \right) dt + O(T^{5/4}) \\
& = 2^{-3/4} \pi^{-5/4} \sum_{n=1}^{\infty} (-1)^{n-1} d(n) n^{-7/4} \\
& \times \left\{ t^{5/4} \left( \log \frac{t}{2\pi} + 2\gamma \right) \cos \left( \sqrt{8\pi nt} - \frac{\pi}{4} \right) \right\} \Big|_{T/2}^T + O(T^{5/4})
\end{aligned}$$

if we use Lemma (2.1) of [7] to estimate the last integral above. Inserting this expression in (3.9) we obtain (3.3) with

$$\begin{aligned}
(3.10) \quad V(T) &= 2^{-3/4} \pi^{-5/4} T^{5/4} \left( \log \frac{T}{2\pi} + 2\gamma \right) \\
& \times \sum_{n=1}^{\infty} (-1)^{n-1} d(n) n^{-7/4} \cos \left( \sqrt{8\pi nt} - \frac{\pi}{4} \right) + W(T),
\end{aligned}$$

where

$$(3.11) \quad W(T) = O(T^{5/4} \log T).$$

Noting that the series in (3.10) is absolutely convergent, we obtain at once (3.5). We remark that, in analogy with (3.4),  $V(T) = \Omega_{\pm}(T^{5/4} \log T)$  should also hold.

Since the series in (3.10) may be shown to be  $\Omega_{\pm}(1)$  by the method of [3] which gives  $G(T) = \Omega_{\pm}(T^{3/4})$ , the omega result  $V(T) = \Omega_{\pm}(T^{5/4} \log T)$  will follow if (3.11) can be replaced by  $W(T) = o(T^{5/4} \log T)$  as  $T \rightarrow \infty$ . To see that the last assertion holds we recall that the error term in (1.6) is  $O(T^{1/4})$ . But analyzing carefully the arguments of [3] it is found that the function standing for this error term is an oscillating one. Hence integration will show that the resulting expression is  $o(T^{5/4})$  and thus its contribution to (3.9) will be  $o(T^{5/4} \log T)$  as  $T \rightarrow \infty$ . The details of this analysis are fairly complicated and we omit them.

#### 4. Some lower bounds

We proceed now to derive some lower bound results for the integrals considered in previous sections. The basis for this analysis is the fact that, crudely speaking, the function  $E(t)$  may increase rapidly, but it can decrease only fairly slowly. This may be put into quantitative form by the following elementary argument. Let  $L(t) = t(\log(t/(2\pi)) + 2\gamma - 1)$ . From the definition of  $E(T)$  we have, for  $0 \leq x \leq T$  and  $T \geq T_0$ ,

$$\begin{aligned}
0 &\leq \int_T^{T+x} \left| \zeta \left( \frac{1}{2} + it \right) \right|^2 dt = L(T+x) - L(T) + E(T+x) - E(T) \\
&= \int_T^{T+x} \left( \log \frac{t}{2\pi} + 2\gamma \right) dt + E(T+x) - E(T) \leq x \log T + E(T+x) - E(T).
\end{aligned}$$

This gives

$$(4.1) \quad E(T) \leq E(T+x) + x \log T \quad (0 \leq x \leq T)$$

and considering  $\int_{T-x}^T |\zeta(\frac{1}{2} + it)|^2 dt$  we obtain analogously

$$(4.2) \quad E(T) \geq E(T-x) - x \log T \quad (0 \leq x \leq T).$$

Integrating these inequalities over  $x$  for  $0 \leq x \leq H$ ,  $0 \leq H \leq T$ , we obtain

$$(4.3) \quad HE(T) \leq \int_T^{T+H} E(t) dt + \frac{1}{2}H^2 \log T \quad (0 < H \leq T)$$

and

$$(4.4) \quad HE(T) \geq \int_{T-H}^T E(t) dt - \frac{1}{2}H^2 \log T \quad (0 < H \leq T).$$

Take now for  $T$  the points where (1.3) is attained. Then (4.3) yields

$$(4.5) \quad \int_T^{T+H} E(t) dt \gg H(T \log T)^{1/4} (\log \log T)^{(3+\log 4)/4} \exp(-B\sqrt{\log \log \log T})$$

for

$$(4.6) \quad 0 < H < C_1 T^{1/4} (\log T)^{-3/4} (\log \log T)^{(3+\log 4)/4} \exp(-B\sqrt{\log \log \log T})$$

with some suitable  $C_1 > 0$  and some  $T = T_n$  such that  $\lim_{n \rightarrow \infty} T_n = \infty$ .

From (4.3)–(4.4) and the Cauchy-Schwarz inequality it follows that

$$E^2(T) \leq 2H^{-1} \int_T^{T+H} E^2(t) dt + \frac{1}{2}H^2 \log^2 T \quad (E(T) > 0)$$

and

$$E^2(T) \leq 2H^{-1} \int_{T-H}^T E^2(t) dt + \frac{1}{2}H^2 \log^2 T \quad (E(T) < 0).$$

Combining the preceding two inequalities we obtain for all  $T \geq T_0$

$$(4.7) \quad E^2(T) \leq 2H^{-1} \int_{T-H}^{T+H} E^2(t) dt + H^2 \log^2 T \quad (0 < H \leq T).$$

Taking again  $T = T_n$  the sequence for which  $\lim_{n \rightarrow \infty} T_n = \infty$  and (1.3) holds, we have that

$$(4.8) \quad \int_{T-H}^{T+H} E^2(t) dt \gg H(T \log T)^{1/2} (\log \log T)^{(3+\log 4)/2} \exp(-2B\sqrt{\log \log \log T}),$$

provided that (4.6) holds. Since  $C(T+H)^{3/2} - C(T-H)^{3/2}$  (the difference of the main terms in (1.1)) is asymptotic to  $3CHT^{1/2}$ , this means that there are intervals in which the integral in (4.8) is substantially larger than  $C_2HT^{1/2}$ , which is the



bound that one expects from (1.1). Incidentally, (4.7) sets a limit to the upper bound for the error term  $R(T)$  in (1.1). Namely we can prove that

$$(4.9) \quad R(T) = \Omega \left\{ T^{3/4} (\log T)^{-1/4} (\log \log T)^{3(3+\log 4)/4} \exp(-B_1 \sqrt{\log \log \log T}) \right\}$$

with a suitable  $B_1$ . To see this suppose that (4.9) is not true, and let  $S(T, B_1)$ , denote the function appearing on the right-hand side of (4.9). Choose  $T \rightarrow \infty$  such that (1.3) holds and put  $H = (S(T, B_1) \log^{-2} T)^{1/3}$ . Then (1.1) and (4.7) give

$$(4.10) \quad \begin{aligned} & (T \log T)^{1/2} (\log \log T)^{(3+\log 4)/2} \exp(-2B \sqrt{\log \log \log T}) \\ & \ll T^{1/2} + H^{-1} (R(T+H) - R(T-H)) + H^2 \log^2 T \\ & \ll T^{1/2} + T^{1/2} (\log T)^{-1/6} (\log \log T)^{(3+\log 4)/2} \\ & \quad \times \exp\left(-\frac{2}{3} B_1 \sqrt{\log \log \log T}\right) (\log T)^{2/3}. \end{aligned}$$

This is a contradiction if  $B_1 > 3B$  and hence (4.9) is proved. Thus (4.9) answers the question posed in Ch. 15.4 of [7], and a weaker result of the same type was announced in Ch. VII of [11]. However, the argument given in [11] is not quite correct (only  $E(T) = \Omega(T^{1/4})$  is not sufficient in view of the term  $T^{1/2}$  in the middle estimate in (4.10)), as was pointed out to me by D. R. Heath-Brown. Both Heath-Brown and T. Meurman independently informed me in correspondence how (4.9) is possible if (1.3) is known, and I warmly thank them for this. Since (4.9) does not seem to have appeared in print before, it seemed appropriate to discuss it here in detail, as the proof given in our text is an easy consequence of (1.3) and (4.7).

We shall finally consider the integral in (3.2) over short intervals. Here (3.4) provides the right order of magnitude for the function  $U(T)$ . To obtain the lower bound we seek, multiply (4.1) by  $|\zeta(1/2 + iT + ix)|^2$  and integrate over  $x$  for  $0 \leq x \leq H$ ,  $T^\varepsilon \leq H \leq T$ . This gives

$$(4.11) \quad E(T) \int_T^{T+H} \left| \zeta\left(\frac{1}{2} + it\right) \right|^2 dt \leq \int_T^{T+H} (E(t) + H \log T) \left| \zeta\left(\frac{1}{2} + it\right) \right|^2 dt.$$

But it is well-known (see Ch. 9 of [7]) that

$$\int_T^{T+H} \left| \zeta\left(\frac{1}{2} + it\right) \right|^2 dt \gg_\varepsilon H \log T \quad (T^\varepsilon \leq H \leq T),$$

so that for  $E(T) > H \log T$  (4.11) reduces to

$$(4.12) \quad E(T) \ll \frac{1}{H \log T} \int_T^{T+H} E(t) \left| \zeta\left(\frac{1}{2} + it\right) \right|^2 dt + H \log T.$$

Take again  $T \rightarrow \infty$  for which (1.3) holds. Then (4.12) implies

$$(4.13) \quad \begin{aligned} & \int_T^{T+H} E(t) \left| \zeta\left(\frac{1}{2} + it\right) \right|^2 dt \\ & \gg HT^{1/4} (\log T)^{5/4} (\log \log T)^{(3+\log 4)/4} \exp(-B \sqrt{\log \log \log T}) \end{aligned}$$

for  $0 < \varepsilon < 1/4$ , where for some suitable  $C_2 > 0$

$$T^\varepsilon \ll H \leq C_2 T^{1/4} (\log T)^{-3/4} (\log \log T)^{(3+\log 4)/4} \exp(-B\sqrt{\log \log \log T}).$$

It may be remarked that results analogous to (4.9) and (4.13) can be obtained by the same method for the integral in (2.3).

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