# Improving some Operator Inequalities for Positive Linear Maps 

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#### Abstract

Let $0<m I \leq A \leq m^{\prime} I \leq M^{\prime} I \leq B \leq M I$ and $p \geq 1$. Then for every positive unital linear map $\Phi$, $$
\Phi^{2 p}\left(A \nabla_{t} B\right) \leq\left(\frac{K(h, 2)}{4^{\frac{1}{p}-1}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)}\right)^{2 p} \Phi^{2 p}\left(A \sharp_{t} B\right)
$$ and $$
\Phi^{2 p}\left(A \nabla_{t} B\right) \leq\left(\frac{K(h, 2)}{4^{\frac{1}{p}-1}\left(1+Q(t)\left(\log \frac{\mu^{\prime}}{m^{\prime}}\right)^{2}\right)}\right)^{2 p}\left(\Phi(A) \#_{t} \Phi(B)\right)^{2 p}
$$ where $t \in[0,1], h=\frac{M}{m}, K(h, 2)=\frac{(h+1)^{2}}{4 h}, Q(t)=\frac{t^{2}}{2}\left(\frac{1-t}{t}\right)^{2 t}$ and $Q(0)=Q(1)=0$. Moreover, we give an improvement for the operator version of Wielandt inequality.


## 1. Introduction

Throughout this paper, let $m, m^{\prime}, M, M^{\prime}$ be scalars and $I$ be the identity operator. Other capital letters are used to denote the general elements of the $C^{*}$ algebra $B(\mathcal{H})$ of all bounded linear operators acting on a Hilbert space $(\mathcal{H},\langle\cdot, \cdot\rangle)$. We write $A \geq 0$ to mean that the operator $A$ is positive. If $A-B \geq 0(A-B \leq 0)$, then we say that $A \geq B(A \leq B)$. If $A, B \in B(\mathcal{H})$ are two positive operators, then the weighted arithmetic and geometric mean are respectively defined as:

$$
A \nabla_{\mu} B=(1-\mu) A+\mu B, \quad A \not H_{\mu} B=A^{\frac{1}{2}}\left(A^{-\frac{1}{2}} B A^{-\frac{1}{2}}\right)^{\mu} A^{\frac{1}{2}},
$$

where $\mu \in[0,1]$. When $\mu=\frac{1}{2}$, we write $A \nabla B$ and $A \sharp B$ for brevity, respectively, see [1] for more details. The Kantorovich constant is defined by $K(t, 2)=\frac{(t+1)^{2}}{4 t}$ for $t>0$.

A linear map $\Phi: B(\mathcal{H}) \rightarrow B(\mathcal{H})$ is called positive (strictly positive) if $\Phi(A) \geq 0(\Phi(A)>0)$ whenever $A \geq 0(A>0)$, and $\Phi$ is said to be unital if $\Phi(I)=I$.

It is well known that for any two positive operators A, B,

[^0]$$
A \geq B \nRightarrow A^{p} \geq B^{p}
$$
for $p>1$.
Lin [10] showed that a reverse version of the operator AM-GM inequality can be squared: for $0<m I \leq$ $A, B \leq M I$,
\[

$$
\begin{equation*}
\Phi^{2}\left(\frac{A+B}{2}\right) \leq K^{2}(h, 2) \Phi^{2}(A \sharp B) \tag{1.1}
\end{equation*}
$$

\]

and

$$
\begin{equation*}
\Phi^{2}\left(\frac{A+B}{2}\right) \leq K^{2}(h, 2)(\Phi(A) \sharp \Phi(B))^{2} \tag{1.2}
\end{equation*}
$$

where $\Phi$ is a unital positive linear map and $K(h, 2)=\frac{(h+1)^{2}}{4 h}$ with $h=\frac{M}{m}$.
Zhang [14] generalized (1.1) and (1.2) when $p \geq 2$ :

$$
\begin{equation*}
\Phi^{2 p}\left(\frac{A+B}{2}\right) \leq \frac{\left(K(h, 2)\left(M^{2}+m^{2}\right)\right)^{2 p}}{16 M^{2 p} m^{2 p}} \Phi^{2 p}(A \sharp B) \tag{1.3}
\end{equation*}
$$

and

$$
\begin{equation*}
\Phi^{2 p}\left(\frac{A+B}{2}\right) \leq \frac{\left(K(h, 2)\left(M^{2}+m^{2}\right)\right)^{2 p}}{16 M^{2 p} m^{2 p}}(\Phi(A) \sharp \Phi(B))^{2 p} . \tag{1.4}
\end{equation*}
$$

Moradi et. al. [13] obtained a better bound than (1.1) and (1.2) as follows: for $0<m I \leq A \leq m^{\prime} I \leq M^{\prime} I \leq$ $B \leq M I$,

$$
\begin{equation*}
\Phi^{2}\left(\frac{A+B}{2}\right) \leq \frac{K^{2}(h, 2)}{\left(1+\frac{\left(\operatorname{cog} \frac{M^{\prime}}{M^{\prime}}\right)^{2}}{8}\right)^{2}} \Phi^{2}(A \sharp B) \tag{1.5}
\end{equation*}
$$

and

$$
\begin{equation*}
\Phi^{2}\left(\frac{A+B}{2}\right) \leq \frac{K^{2}(h, 2)}{\left(1+\frac{\left(\log \frac{\left.M^{\prime}\right)^{\prime}}{m^{\prime}}\right.}{8}\right)^{2}}(\Phi(A) \sharp \Phi(B))^{2}, \tag{1.6}
\end{equation*}
$$

where $\Phi$ is a unital positive linear map and $K(h, 2)=\frac{(h+1)^{2}}{4 h}$ with $h=\frac{M}{m}$.
Let $0<m I \leq A \leq M I$ and $\Phi$ be a positive unital linear map. Lin [11] proved the following operator inequalities:

$$
\begin{equation*}
\left|\Phi\left(A^{-1}\right) \Phi(A)+\Phi(A) \Phi\left(A^{-1}\right)\right| \leq \frac{(M+m)^{2}}{2 M m} I \tag{1.7}
\end{equation*}
$$

and

$$
\begin{equation*}
\Phi\left(A^{-1}\right) \Phi(A)+\Phi(A) \Phi\left(A^{-1}\right) \leq \frac{(M+m)^{2}}{2 M m} I \tag{1.8}
\end{equation*}
$$

Fu [6] generalized (1.7) and (1.8) when $p \geq 1$ :

$$
\begin{equation*}
\left|\Phi^{p}\left(A^{-1}\right) \Phi^{p}(A)+\Phi^{p}(A) \Phi^{p}\left(A^{-1}\right)\right| \leq \frac{(M+m)^{2 p}}{2 M^{p} m^{p}} I \tag{1.9}
\end{equation*}
$$

and

$$
\begin{equation*}
\Phi^{p}\left(A^{-1}\right) \Phi^{p}(A)+\Phi^{p}(A) \Phi^{p}\left(A^{-1}\right) \leq \frac{(M+m)^{2 p}}{2 M^{p} m^{p}} I \tag{1.10}
\end{equation*}
$$

Bhatia and Davis [3] gave an operator version of Wielandt inequality and proved that if $0<m \leq A \leq M$ and $X, Y$ are two partial isometries on $\mathcal{H}$ whose final spaces are orthogonal to each other. Then for every 2-positive linear map $\Phi$,

$$
\Phi\left(X^{*} A Y\right) \Phi^{-1}\left(Y^{*} A Y\right) \Phi\left(Y^{*} A X\right) \leq\left(\frac{M-m}{M+m}\right)^{2} \Phi\left(X^{*} A X\right)
$$

Lin [11] conjectured that the following inequality could be true:

$$
\begin{equation*}
\left\|\Phi\left(X^{*} A Y\right) \Phi^{-1}\left(Y^{*} A Y\right) \Phi\left(Y^{*} A X\right) \Phi^{-1}\left(X^{*} A X\right)\right\| \leq\left(\frac{M-m}{M+m}\right)^{2} \tag{1.11}
\end{equation*}
$$

Gumus [7] obtained a close upper bound to approximate the right side of (1.11) as follows:

$$
\begin{equation*}
\left\|\Phi\left(X^{*} A Y\right) \Phi^{-1}\left(Y^{*} A Y\right) \Phi\left(Y^{*} A X\right) \Phi^{-1}\left(X^{*} A X\right)\right\| \leq \frac{(M-m)^{2}}{2 \sqrt{M m}(M+m)} \tag{1.12}
\end{equation*}
$$

Moradi et. al. [13] refined (1.12) as follows: for $0<m I \leq m^{\prime} A^{-1} \leq A \leq M I$ and $m^{\prime}>1$,

$$
\begin{equation*}
\left\|\Phi\left(X^{*} A Y\right) \Phi^{-1}\left(Y^{*} A Y\right) \Phi\left(Y^{*} A X\right) \Phi^{-1}\left(X^{*} A X\right)\right\| \leq \frac{(M-m)^{2}}{2 \sqrt{M m}(M+m)\left(1+\frac{\left.\log m^{\prime}\right)^{2}}{8}\right)^{2}}, \tag{1.13}
\end{equation*}
$$

where $X$ and $Y$ are two isometries such that $X^{*} Y=0, \Phi$ is an arbitrary 2-positive linear map.
Liao et. al. [12] also gave a close upper bound to approximate the right side of (1.11) below:

$$
\begin{equation*}
\left\|\left(\Phi\left(X^{*} A Y\right) \Phi^{-1}\left(Y^{*} A Y\right) \Phi\left(Y^{*} A X\right)\right)^{\frac{p}{2}} \Phi^{-\frac{p}{2}}\left(X^{*} A X\right)\right\| \leq \frac{(M-m)^{p}\left(M^{\alpha}+m^{\alpha}\right)^{\frac{p}{\alpha}}}{2^{2+\frac{p}{2}}(M m)^{\frac{3}{4}}(M+m)^{\frac{p}{2}}} \tag{1.14}
\end{equation*}
$$

for $1 \leq \alpha \leq 2$ and $p \geq 2 \alpha$.
Recently, Kórus [9] gave a scalar inequality as follows:

$$
\begin{equation*}
\left(1+Q(t)(\log a-\log b)^{2}\right) a^{t} b^{1-t} \leq t a+(1-t) b, \tag{1.15}
\end{equation*}
$$

where $t \in[0,1], a, b>0, Q(t)=\frac{t^{2}}{2}\left(\frac{1-t}{t}\right)^{2 t}$ and $Q(0)=Q(1)=0$.
In this paper, we shall give some improvements of the inequalities mentioned above.

## 2. Main Results

Before we give the main results, let us present the following lemmas that will be useful later.
Lemma 2.1.( Choi inequality.) [4, p. 41] Let $\Phi$ be a unital positive linear map, then
(1) If $A>0$ and $-1 \leq p \leq 0$, then $\Phi(A)^{p} \leq \Phi\left(A^{p}\right)$, in particular, $\Phi(A)^{-1} \leq \Phi\left(A^{-1}\right)$;
(2) If $A \geq 0$ and $0 \leq p \leq 1$, then $\Phi(A)^{p} \geq \Phi\left(A^{p}\right)$;
(3) If $A \geq 0$ and $1 \leq p \leq 2$, then $\Phi(A)^{p} \leq \Phi\left(A^{p}\right)$.

Lemma 2.2. [2] Let $\Phi$ be a unital positive linear map and $A, B$ be positive operators. Then for $\alpha \in[0,1]$

$$
\Phi\left(A \sharp_{\alpha} B\right) \leq \Phi(A) \nVdash_{\alpha} \Phi(B) .
$$

Lemma 2.3. [5] Let $A, B \geq 0$. Then the following norm inequality holds:

$$
\|A B\| \leq \frac{1}{4}\|A+B\|^{2}
$$

Lemma 2.4. [4, p. 28] Let $A, B \geq 0$. Then for $1 \leq r<+\infty$,

$$
\left\|A^{r}+B^{r}\right\| \leq\left\|(A+B)^{r}\right\| .
$$

Lemma 2.5. Let $A, B \in B(\mathcal{H})$ be two positive operators such $1<m<M$ with the property $m A \leq B \leq M A$. Then

$$
\left(1+Q(t)(\log m)^{2}\right) A \sharp_{t} B \leq A \nabla_{t} B
$$

for $t \in[0,1]$ and $Q(t)$ is from (1.15).
Proof. From the inequality (1.15), we know that for each $a, b>0$ and $t \in[0,1]$,

$$
\left(1+Q(t)(\log a-\log b)^{2}\right) a^{t} b^{1-t} \leq t a+(1-t) b
$$

Note that if $0<m b \leq a \leq M b$ with $1<m<M$, then by the monotonicity of logarithm function we obtain

$$
\left(1+Q(t)(\log m)^{2}\right) a^{t} b^{1-t} \leq t a+(1-t) b
$$

Taking $b=1$ in the above inequality, we have

$$
\left(1+Q(t)(\log m)^{2}\right) a^{t} \leq t a+(1-t)
$$

As $m I \leq A^{-\frac{1}{2}} B A^{-\frac{1}{2}} \leq M I$, on choosing $a$ with the positive operator $A^{-\frac{1}{2}} B A^{-\frac{1}{2}}$ in the above inequality, we obtain

$$
\left(1+Q(t)(\log m)^{2}\right)\left(A^{-\frac{1}{2}} B A^{-\frac{1}{2}}\right)^{t} \leq t\left(A^{-\frac{1}{2}} B A^{-\frac{1}{2}}\right)+(1-t) I
$$

Multiplying both side by $A^{\frac{1}{2}}$ yields the desired result.
Lemma 2.6. Let $0<m I \leq A \leq m^{\prime} I \leq M^{\prime} I \leq B \leq M I$ and $t \in[0,1]$. Then

$$
A \nabla_{t} B+M m\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)\left(A \sharp_{t} B\right)^{-1} \leq(M+m) I
$$

where $Q(t)$ is from (1.15).
Proof. It is easy to see that

$$
(1-t)(M I-A)(m I-A) A^{-1} \leq 0
$$

which is equivalent to

$$
\begin{equation*}
(1-t) A+(1-t) M m A^{-1} \leq(1-t)(M+m) I . \tag{2.1}
\end{equation*}
$$

Similarly, we have

$$
\begin{equation*}
t B+t M m B^{-1} \leq t(M+m) I \tag{2.2}
\end{equation*}
$$

Summing up (2.1) and (2.2), we have

$$
A \nabla_{t} B+M m A^{-1} \nabla_{t} B^{-1} \leq(M+m) I
$$

By $\left(A \not \sharp_{t} B\right)^{-1}=A^{-1} \sharp_{t} B^{-1}$ and Lemma 2.5, we have

$$
\begin{aligned}
A \nabla_{t} B+M m\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)\left(A \not \sharp_{t} B\right)^{-1} & =A \nabla_{t} B+M m\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)\left(A^{-1} \not \sharp_{t} B^{-1}\right) \\
& \leq A \nabla_{t} B+M m A^{-1} \nabla_{t} B^{-1} \\
& \leq(M+m) I,
\end{aligned}
$$

completing the proof.
Theorem 2.7. Let $0<m I \leq A \leq m^{\prime} I \leq M^{\prime} I \leq B \leq M I$ and $p \geq 1$. Then for every positive unital linear $\operatorname{map} \Phi$,

$$
\begin{equation*}
\Phi^{2 p}\left(A \nabla_{t} B\right) \leq\left(\frac{K(h, 2)}{4^{\frac{1}{p}-1}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)}\right)^{2 p} \Phi^{2 p}\left(A \not \sharp_{t} B\right) \tag{2.3}
\end{equation*}
$$

and

$$
\begin{equation*}
\Phi^{2 p}\left(A \nabla_{t} B\right) \leq\left(\frac{K(h, 2)}{4^{\frac{1}{p}-1}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)}\right)^{2 p}\left(\Phi(A) \#_{t} \Phi(B)\right)^{2 p} \tag{2.4}
\end{equation*}
$$

where $t \in[0,1], h=\frac{M}{m}$ and $Q(t)$ is from (1.15).
Proof. By computation, we can obtain

$$
\begin{aligned}
& \left\|\Phi^{p}\left(A \nabla_{t} B\right) M^{p} m^{p}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)^{p} \Phi^{-p}\left(A \sharp_{t} B\right)\right\| \\
& \leq \frac{1}{4}\left\|\Phi^{p}\left(A \nabla_{t} B\right)+M^{p} m^{p}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)^{p} \Phi^{-p}\left(A \sharp_{t} B\right)\right\|^{2} \quad \text { (by Lemma 2.3) } \\
& \leq \frac{1}{4}\left\|\Phi\left(A \nabla_{t} B\right)+M m\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right) \Phi^{-1}\left(A \sharp_{t} B\right)\right\|^{2 p} \quad(\text { by Lemma 2.4) } \\
& \leq \frac{1}{4}\left\|\Phi\left(A \nabla_{t} B\right)+M m\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right) \Phi\left(\left(A \sharp_{t} B\right)^{-1}\right)\right\|^{2 p} \quad \text { (by Lemma 2.1) } \\
& \leq \frac{1}{4}(M+m)^{2 p} . \quad(\text { by Lemma 2.6) }
\end{aligned}
$$

Thus we obtain

$$
\left\|\Phi^{p}\left(A \nabla_{t} B\right) \Phi^{-p}\left(A \sharp_{t} B\right)\right\| \leq\left(\frac{K(h, 2)}{4^{\frac{1}{p}-1}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)}\right)^{p},
$$

which is equivalent to (2.3).
Next we prove (2.4). Compute

$$
\begin{aligned}
& \left\|\Phi^{p}\left(A \nabla_{t} B\right) M^{p} m^{p}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)^{p}\left(\Phi(A) \sharp_{t} \Phi(B)\right)^{-p}\right\| \\
& \leq \frac{1}{4}\left\|\Phi^{p}\left(A \nabla_{t} B\right)+M^{p} m^{p}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)^{p}\left(\Phi(A) \sharp_{t} \Phi(B)\right)^{-p}\right\|^{2} \\
& \leq \frac{1}{4}\left\|\Phi\left(A \nabla_{t} B\right)+M m\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)\left(\Phi(A) \sharp_{t} \Phi(B)\right)^{-1}\right\|^{2 p} \\
& \leq \frac{1}{4}\left\|\Phi\left(A \nabla_{t} B\right)+M m\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)\left(\Phi\left(A \sharp_{t} B\right)\right)^{-1}\right\|^{2 p} \quad \text { (by Lemma 2.2) } \\
& \leq \frac{1}{4}\left\|\Phi\left(A \nabla_{t} B\right)+M m\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right) \Phi\left(\left(A \sharp_{t} B\right)^{-1}\right)\right\|^{2 p} \\
& \leq \frac{1}{4}(M+m)^{2 p} .
\end{aligned}
$$

Thus we obtain

$$
\left\|\Phi^{p}\left(A \nabla_{t} B\right)\left(\Phi(A) \#_{t} \Phi(B)\right)^{-p}\right\| \leq\left(\frac{K(h, 2)}{4^{\frac{1}{p}-1}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)}\right)^{p},
$$

which completes the proof.
Remark 2.8. Letting $p=1$ and $t=\frac{1}{2}$ in Theorem 2.7, we thus get (1.5) and (1.6) by (2.3) and (2.4), respectively.

Lemma 2.9. [8] For any bounded operator $X$,

$$
|X| \leq t I \Leftrightarrow\|X\| \leq t \Leftrightarrow\left[\begin{array}{cc}
t I & X \\
X^{*} & t I
\end{array}\right] \geq 0 \quad(t \geq 0)
$$

Theorem 2.10. Let $0<m I \leq A \leq m^{\prime} I \leq M^{\prime} I \leq B \leq M I$ and $p \geq 1$. Then for every positive unital linear $\operatorname{map} \Phi$,

$$
\begin{equation*}
\left|\Phi^{p}\left(A \nabla_{t} B\right) \Phi^{p}\left(\left(A \sharp_{t} B\right)^{-1}\right)+\Phi^{p}\left(\left(A \sharp_{t} B\right)^{-1}\right) \Phi^{p}\left(A \nabla_{t} B\right)\right| \leq 2\left(\frac{K(h, 2)}{4^{\frac{1}{p}-1}\left(1+Q(t)\left(\log \frac{\mu^{\prime}}{m^{\prime}}\right)^{2}\right)}\right)^{p} I \tag{2.5}
\end{equation*}
$$

and

$$
\begin{equation*}
\Phi^{p}\left(A \nabla_{t} B\right) \Phi^{p}\left(\left(A \not \sharp_{t} B\right)^{-1}\right)+\Phi^{p}\left(\left(A \not \sharp_{t} B\right)^{-1}\right) \Phi^{p}\left(A \nabla_{t} B\right) \leq 2\left(\frac{K(h, 2)}{4^{\frac{1}{p}-1}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)}\right)^{p} I, \tag{2.6}
\end{equation*}
$$

where $t \in[0,1], h=\frac{M}{m}$ and $Q(t)$ is from (1.15).
Proof. By computation, one can have

$$
\begin{aligned}
& \left\|\Phi^{p}\left(A \nabla_{t} B\right) M^{p} m^{p}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)^{p} \Phi^{p}\left(\left(A \sharp_{t} B\right)^{-1}\right)\right\| \\
& \leq \frac{1}{4}\left\|\Phi^{p}\left(A \nabla_{t} B\right)+M^{p} m^{p}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)^{p} \Phi^{p}\left(\left(A \sharp_{t} B\right)^{-1}\right)\right\|^{2} \quad \text { (by Lemma 2.3) } \\
& \leq \frac{1}{4}\left\|\Phi\left(A \nabla_{t} B\right)+M m\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right) \Phi\left(\left(A \sharp_{t} B\right)^{-1}\right)\right\|^{2 p} \quad \text { (by Lemma 2.4) } \\
& \leq \frac{1}{4}(M+m)^{2 p}, \quad(\text { by Lemma 2.6) }
\end{aligned}
$$

which is equivalent to

$$
\begin{equation*}
\left\|\Phi^{p}\left(A \nabla_{t} B\right) \Phi^{p}\left(\left(A \not \sharp_{t} B\right)^{-1}\right)\right\| \leq\left(\frac{K(h, 2)}{4^{\frac{1}{p}-1}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right.}\right)^{p} . \tag{2.7}
\end{equation*}
$$

By (2.7) and Lemma 2.9 we obtain

$$
\left[\begin{array}{cc}
\left(\frac{K(h, 2)}{4^{\frac{1}{p}-1}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right.}\right)^{p} I & \Phi^{p}\left(A \nabla_{t} B\right) \Phi^{p}\left(\left(A \sharp_{t} B\right)^{-1}\right) \\
\Phi^{p}\left(\left(A \sharp_{t} B\right)^{-1}\right) \Phi^{p}\left(A \nabla_{t} B\right) & \left(\frac{K(h, 2)}{4^{\frac{1}{p}-1}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)}\right)^{p} I
\end{array}\right] \geq 0
$$

and

$$
\left[\begin{array}{cc}
\left(\frac{K(h, 2)}{4^{\frac{1}{p}-1}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)}\right)^{p} I & \Phi^{p}\left(\left(A \not \sharp_{t} B\right)^{-1}\right) \Phi^{p}\left(A \nabla_{t} B\right) \\
\Phi^{p}\left(A \nabla_{t} B\right) \Phi^{p}\left(\left(\left(\sharp_{t} B\right)^{-1}\right)\right. & \left(\frac{K(t, 2)}{4^{\frac{1}{p}-1}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)}\right)^{p} I
\end{array}\right] \geq 0 .
$$

Summing up the two operator matrices above, we get

$$
\left[\begin{array}{cc}
2\left(\frac{K(h, 2)}{4^{\frac{1}{p}-1}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)}\right)^{p} I & X \\
X^{*} & 2\left(\frac{K(h, 2)}{4^{\frac{1}{p}-1}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)}\right)^{p} I
\end{array}\right] \geq 0,
$$

where we denote that $X=\Phi^{p}\left(A \nabla_{t} B\right) \Phi^{p}\left(\left(A \sharp_{t} B\right)^{-1}\right)+\Phi^{p}\left(\left(A \not \sharp_{t} B\right)^{-1}\right) \Phi^{p}\left(A \nabla_{t} B\right)$. It is easy to see that $X$ is selfadjoint. Utilizing Lemma 2.9 again, we thus obtain (2.5) and (2.6).

Remark 2.11. Putting $t=0$ in Theorem 2.10, we obtain (1.9) and (1.10) by (2.5) and (2.6), respectively.
Next, we give improvements of (1.3) and (1.4).
Theorem 2.12. Let $0<m I \leq A \leq m^{\prime} I \leq M^{\prime} I \leq B \leq M I$ and $p \geq 2$. Then for every positive unital linear $\operatorname{map} \Phi$,

$$
\begin{equation*}
\Phi^{2 p}\left(A \nabla_{t} B\right) \frac{\left(K(h, 2)\left(M^{2}+m^{2}\right)\right)^{2 p}}{16 M^{2 p} m^{2 p p}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)^{2 p}} \Phi^{2 p}\left(A \not \sharp_{t} B\right) \tag{2.8}
\end{equation*}
$$

and

$$
\begin{equation*}
\Phi^{2 p}\left(A \nabla_{t} B\right) \leq \frac{\left(K(h, 2)\left(M^{2}+m^{2}\right)\right)^{2 p}}{16 M^{2 p} m^{2 p}\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)^{2 p}}\left(\Phi(A) \sharp_{t} \Phi(B)\right)^{2 p} \tag{2.9}
\end{equation*}
$$

where $t \in[0,1], h=\frac{M}{m}$ and $Q(t)$ is from (1.15).
Proof. It is easy to to verify that

$$
m I \leq \Phi\left(A \nabla_{t} B\right) \leq M I
$$

Thus we obtain

$$
m^{2} I \leq \Phi^{2}\left(A \nabla_{t} B\right) \leq M^{2} I
$$

Therefore

$$
\left(M^{2} I-\Phi^{2}\left(A \nabla_{t} B\right)\right)\left(m^{2}-\Phi^{2}\left(A \nabla_{t} B\right)\right) \Phi^{-2}\left(A \nabla_{t} B\right) \leq 0
$$

That is equivalent to

$$
\begin{equation*}
M^{2} m^{2} \Phi^{-2}\left(A \nabla_{t} B\right)+\Phi^{2}\left(A \nabla_{t} B\right) \leq\left(M^{2}+m^{2}\right) I . \tag{2.10}
\end{equation*}
$$

Taking $p=1$ in (2.3), we have

$$
\Phi^{2}\left(A \nabla_{t} B\right) \leq\left(\frac{K(h, 2)}{\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)}\right)^{2} \Phi^{2}\left(A \not \sharp_{t} B\right)
$$

which is equivalent to

$$
\begin{equation*}
\Phi^{-2}\left(A \sharp_{t} B\right) \leq\left(\frac{K(h, 2)}{\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right.}\right)^{2} \Phi^{-2}\left(A \nabla_{t} B\right) . \tag{2.11}
\end{equation*}
$$

Thus we compute
$\left\|\Phi^{p}\left(A \nabla_{t} B\right) M^{p} m^{p} \Phi^{-p}\left(A \sharp_{t} B\right)\right\|$

$$
\begin{aligned}
& \leq \frac{1}{4}\left\|\frac{K^{\frac{p}{2}}(h, 2)}{\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{\frac{p}{p}}\right)^{\frac{p}{2}}} \Phi^{p}\left(A \nabla_{t} B\right)+\frac{\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)^{\frac{p}{2}} M^{p} m^{p}}{K^{\frac{p}{2}}(h, 2)} \Phi^{-p}\left(A \sharp_{t} B\right)\right\|^{2} \\
& \leq \frac{1}{4}\left\|\frac{K(h, 2)}{\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)} \Phi^{2}\left(A \nabla_{t} B\right)+\frac{\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right) M^{2} m^{2}}{K(h, 2)} \Phi^{-2}\left(A \sharp_{t} B\right)\right\|^{p} \\
& \leq \frac{1}{4}\left\|\frac{K(h, 2)}{\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)} \Phi^{2}\left(A \nabla_{t} B\right)+\frac{K(h, 2) M^{2} m^{2}}{\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)} \Phi^{-2}\left(A \nabla_{t} B\right)\right\|^{p} \quad(\text { by }(2.11)) \\
& =\frac{1}{4}\left\|\frac{K(h, 2)}{\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)}\left(\Phi^{2}\left(A \nabla_{t} B\right)+M^{2} m^{2} \Phi^{-2}\left(A \nabla_{t} B\right)\right)\right\|^{p} \\
& \leq \frac{1}{4} \frac{\left(K(h, 2)\left(M^{2}+m^{2} 2\right)\right)^{p}}{\left.\left(1+Q(t)\left(\log \frac{M^{\prime}}{m^{\prime}}\right)^{2}\right)^{p}\right)^{p}}, \quad(b y(2.10))
\end{aligned}
$$

which is equivalent to (2.8). The proof of (2.9) is similar, we omit the details.
Theorem 2.13. Let $0<m I \leq m^{\prime} A^{-1} \leq A \leq M I$ and $m^{\prime}>1$ and let $X$ and $Y$ be two isometries such that $X^{*} Y=0$. For every 2-positive linear map $\Phi$, we have

$$
\begin{equation*}
\left\|\left(\Phi\left(X^{*} A Y\right) \Phi^{-1}\left(Y^{*} A Y\right) \Phi\left(Y^{*} A X\right)\right)^{\frac{p}{2}} \Phi^{-\frac{p}{2}}\left(X^{*} A X\right)\right\| \leq \frac{(M-m)^{p}\left(M^{\alpha}+m^{\alpha}\right)^{\frac{p}{\alpha}}}{2^{2+\frac{p}{2}}(M m)^{\frac{3}{4}}(M+m)^{\frac{p}{2}}\left(1+\frac{\left(\log m^{\prime}\right)^{2}}{8}\right)^{\frac{p}{2}}} \tag{2.12}
\end{equation*}
$$

for $1 \leq \alpha \leq 2$ and $p \geq 2 \alpha$.
Proof. By (1.13), we obtain

$$
\left(\Phi\left(X^{*} A Y\right) \Phi^{-1}\left(Y^{*} A Y\right) \Phi\left(Y^{*} A X\right)\right)^{2} \leq\left(\frac{(M-m)^{2}}{2 \sqrt{M m}(M+m)\left(1+\frac{\left(\log m^{\prime}\right)^{2}}{8}\right)}\right)^{2} \Phi^{2}\left(X^{*} A X\right)
$$

By L-H inequality [4, p. 112], we have

$$
\left(\Phi\left(X^{*} A Y\right) \Phi^{-1}\left(Y^{*} A Y\right) \Phi\left(Y^{*} A X\right)\right)^{\alpha} \leq\left(\frac{(M-m)^{2}}{2 \sqrt{M m}(M+m)\left(1+\frac{\left(\log m^{\prime}\right)^{2}}{8}\right)}\right)^{\alpha} \Phi^{\alpha}\left(X^{*} A X\right)
$$

Thus we get

$$
\begin{aligned}
& \left\|\frac{(M-m)^{p}}{2^{\frac{p}{2}}(M+m)^{\frac{p}{2}}\left(1+\frac{\left.\log m^{\prime}\right)^{2}}{8}\right)^{\frac{p}{2}}} M^{\frac{p}{4}} m^{\frac{p}{4}}\left(\Phi\left(X^{*} A Y\right) \Phi^{-1}\left(Y^{*} A Y\right) \Phi\left(Y^{*} A X\right)\right)^{\frac{p}{2}} \Phi^{-\frac{p}{2}}\left(X^{*} A X\right)\right\| \\
& \leq \frac{1}{4}\left\|\left(\Phi\left(X^{*} A Y\right) \Phi^{-1}\left(Y^{*} A Y\right) \Phi\left(Y^{*} A X\right)\right)^{\frac{p}{2}}+\left(\frac{(M-m)^{2}}{2(M+m)\left(1+\frac{\left.\log m^{\prime}\right)^{2}}{8}\right)} \sqrt{M m} \Phi^{-1}\left(X^{*} A X\right)\right)^{\frac{p}{2}}\right\|^{2} \\
& \left.\leq \frac{1}{4} \|\left(\Phi\left(X^{*} A Y\right) \Phi^{-1}\left(Y^{*} A Y\right) \Phi\left(Y^{*} A X\right)\right)^{\alpha}+\frac{(M-m)^{\alpha}}{2^{\alpha}(M+m)^{\alpha}\left(1+\frac{\left.\left(\log m^{\prime}\right)^{2}\right)^{\alpha}}{8}\right)^{\alpha}} M^{\frac{\alpha}{2}} m^{\frac{\alpha}{2}} \Phi^{-\alpha}\left(X^{*} A X\right)\right) \|^{\frac{p}{\alpha}} \\
& \left.\left.\leq \frac{1}{4} \|\left(\frac{(M-m)^{2}}{2 \sqrt{M m}(M+m)\left(1+\frac{\left(\log m^{\prime}\right)^{2}}{8}\right.}\right)\right)^{\alpha} \Phi^{\alpha}\left(X^{*} A X\right)+\frac{(M-m)^{2 \alpha}}{2^{\alpha}(M+m)^{\alpha}\left(1+\frac{\left(\log m^{\prime}\right)^{2}}{8}\right)^{\alpha}} M^{\frac{\alpha}{2}} m^{\frac{\alpha}{2}} \Phi^{-\alpha}\left(X^{*} A X\right)\right) \|^{\frac{p}{\alpha}} \\
& \left.=\frac{(M-m)^{2 p}}{2^{2+p} M^{\frac{p}{2}} m^{\frac{p}{2}}(M+m)^{p}\left(1+\frac{\left(\log m^{\prime}\right)^{2}}{8}\right)^{p}} \| \Phi^{\alpha}\left(X^{*} A X\right)+M^{\alpha} m^{\alpha} \Phi^{-\alpha}\left(X^{*} A X\right)\right) \|^{\frac{p}{\alpha}} \\
& \leq \frac{(M-m)^{2 p}\left(M^{\alpha}+m^{\alpha}\right)^{\frac{p}{\alpha}}}{2^{2+p} M^{\frac{p}{2}} m^{\frac{p}{2}}(M+m)^{p}\left(1+\frac{\left(\log m^{\prime}\right)^{2}}{8}\right)^{p}},
\end{aligned}
$$

which completes the proof.
Based on (2.12), we thus get an improvement of (1.14).

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